

COUPLES RETREAT

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CALIFORNIA

Signs of Termite Damage In A Marriage



"Diane and I had been married 12 years when we noticed frass in our relationship. But we weren't dealing with it. I was traveling constantly, while she was raising our two kids. We both knew we were in trouble, but we didn't know what to do or how to start."

While this scenario may not be yours however, I do believe that we can safely agree many times we recognize there's a problem but we sweep the thoughts away or just simply ignore them hoping that they'll go away on their own. Well they often do not because "issues don't just go away. The longer you ignore them, the more they fester and grow until they become major issues in the relationship."

The good news is you can find the termites and get rid of them. It's not too late. So, let's look at possible signs of termites eating away at the foundation of your marriage.

1. You get mildly irritated about a lot of little things your spouse does.
2. You subconsciously keep track of past wrongs.
3. You don't have much to talk about with each other.
4. You have the same arguments repeatedly with no resolution.
5. You keep secrets.
6. You pay more attention to your phone than your spouse.
7. You've stopped having date nights.
8. Your conversations with your boss and coworkers are more civil conversations with your spouse.

Frankly, the list could go on and we hope that you'll take the time to read this article. And, if you need help speak with your Pastor and/or highly recommended Christian professional counselor in your area. (focusonthefamily.com "How To Fix A Broken Relationship : Find The Termites by Mike Bechtel")



*I have found the one whom
my soul loves.*

Song of Solomon 3:4

A Word from the Directors



Rita and I would like to thank you for taking the time to read and share this monthly newsletter. It is our prayer and goal to help couples to build stronger marriages which builds stronger homes, communities and churches. May God bless you and we are here to serve you as California Couples Retreat Directors.

Let's stay together.