

COUPLES RETREAT

OCTOBER 10, 2019

Take **ACT**ion at Couples Retreat

Activities for Your Free Time

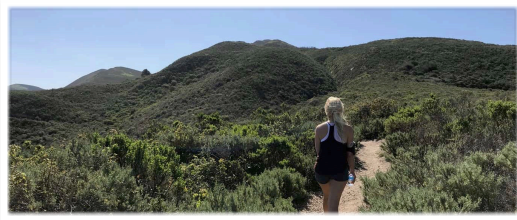
Morro Bay is a nature lover's paradise and offers a hub of outdoor activities, shopping, antiques, and dining experiences.



18 hole golf course with ocean views.



Kayaking, fishing, and tours of the bay.



Three area State Parks to explore.



World class dining experiences.

Workshop Leaders: Rafa & Rochelle Segoviano



Rafa and Rochelle are currently serving and ministering to young married couples, single parents, and young families as Jordan Ministry Directors at Crossroads Community Church. Their mission and focus are discipleship, spiritual growth, maturity and helping young families cross over and take possession of the promises of God for their lives.

Rafa and Rochelle have been married for 12 years. God has blessed them with three amazing kids Isaiah, Elijah, and Aleiyah. When they aren't engaged in ministry they enjoy walks on the beach, bike riding, watching their kids play sports and rooting for their favorite NBA team The Golden State Warriors.

You don't want to miss their class on "Communication" in marriage. "The best research indicates that healthy marriages are always built around a solid core of open, honest, and empathetic person-to-person dialogue." (12 Traits of a Healthy Marriage, Focus On the Family - Dr. Greg and Erin Smalley)

Workshop Leaders: Pastor Tom & Rita Horton



Tom and Rita Horton are the Couples Retreat Directors for California. Pastor Tom is in his 13th year as Pastor of Crossroads Community Church in Lompoc, CA, and also Regional Overseer for Region 6 on the central coast.

Tom and Rita met at Tomlinson College in Cleveland, Tennessee and have been married for 38 years. Together they have 4 adult children and 6 beautiful granddaughters.

They will be sharing on the practical and biblical principals of “Accountability in Marriage”. “Thriving couples spend time with people who want to see their marriage succeed, and they have positive examples of marriage in their lives.” (12 Traits of a Healthy Marriage, Focus On the Family - Dr. Greg and Erin Smalley)

A Message From Your Directors

Couples Retreat is here! It seems like we have been planning for months and it's show time. We are grateful to host and welcome everyone this year. Rita and I are equally excited for our couples to experience some “us time” at the Inn at Morro Bay and the surrounding areas. Check-in begins at 4PM, Friday afternoon. Think about it - no children, responsibilities, or demands of your attention for 3 days. This is your appointed time together and we encourage you to take advantage of it all. See you soon!

Workshop Leaders: Bishop Phil & Diane Pruitt



Bishop Phil is our State Bishop for the California COGOP with his wife Diane Pruitt who serves alongside her husband as State Office Manager. They both travel ministering and bringing great encouragement to all the churches throughout California. Their ministry travels have taken them to serve in the countries of Paraguay and Colombia pastoring, teaching and camping ministry as well as Ontario, Canada, the greater Birmingham, Alabama area including a church plant in Bessemer, Alabama. They have pastored for a total of twenty-four years and held varied positions throughout the COGOP worldwide.

They met while Sis. Diana was attending Tomlinson College in 1975 and Bro. Pruitt was returning from a volunteer mission service in El Salvador. They began dating, got engaged and were married on August 7, 1976. The Pruitt's are proud parents of their son Gabriel who is married to Stacey Holmes and grandparents to their grandchildren Preston and Kloe.

Bishop Pruitt and his wife Diana will be leading a workshop on the importance of “Meaningful Touch” in the marriage relationship. And, they will address the impact of emotional, spiritual and physical touch in a healthy marriage.